

Psychology

The Psychology major at Guilford College is designed to familiarize students with current methods and theories in areas of investigation such as learning, personality, social interaction, motivation, perception and development. Students are encouraged to appreciate different approaches and points of view and to see how clinical and laboratory methods supplement each other. A student majoring in Psychology may expect to develop rigorous habits of observation with reference to psychological phenomena and to recognize the role of multiple causation in the determination of human behavior.

The Degree Program

The Bachelor of Arts degree is offered in Psychology.

Related Major Skills

- interpersonal communication
- ability to engage in ethical practice
- knowledge of human development and behavior
- problem solving
- ability to observe, analyze and interpret information
- decision making
- concern for and sensitivity to others
- interviewing techniques
- critical and inferential thinking
- effective listening skills
- insight to deal effectively with people
- ability to promote healthy relationships
- ability to resolve or mediate conflicts
- understanding of group dynamics

Required Courses

The major consists of a minimum of 8 courses (32 credit hours) in Psychology:

PSY 100: General Psychology

PSY 301: Research Methods and Analysis

PSY 445: History and Contemporary Issues

Two (2) Psychology electives at any level

Three (3) Psychology electives at the 300 or 400 level

Internship and Independent Study Opportunities

Though it is not a requirement, most of our students do at least one internship while they are at Guilford. Over the years, we have established ongoing relationships with many agencies in Greensboro or nearby towns, and we are happy to help arrange internships in new settings based on students' interests. Internships can be done during the academic year (typically as the equivalent of one course, for four academic credits), or during the summer.

We also encourage our advanced students to do independent research. Most (but not all) independent studies are empirical explorations, often based on issues students have explored in previous psychology courses. An independent study calls for intensive work with a faculty member (and, sometimes, more than one faculty member). Though the nature of the work varies for different projects, generally, independent research calls for the student to review the relevant literature, develop a research proposal, carry out the research itself, analyze the data, and write up a final report. Independent studies are excellent preparation for graduate work.

Possible Career Choices

Look at what some of our graduates are doing:

advertising	minority group and race relations specialist
alcohol/drug counselor	motivational researcher
art therapist	music therapist
college student affairs officer	physical therapist
community and social service worker	probation officer
community relations director	psychiatrist
corrections officer	psychologist
crisis intervention counselor	public health statistician
employment agency counselor	public opinion surveyor
expressive therapist	social service administrator
guidance counselor	sociologist
hospice coordinator	teacher
market research analyst	vocational counselor
mental health coordinator	youth corrections officer

Faculty

Richard L. Zweigenhaft, Charles A. Dana Professor of Psychology, Chair; rzweigen@guilford.edu

Kathrynn A. Adams, Charles A. Dana Professor of Psychology

Claire K. Morse, Professor

Sarah Estow, Assistant Professor

Karen Hayes, Assistant Professor

Christopher Henry, Assistant Professor

Eva K. Lawrence, Assistant Professor

Karen M. Tinsley, Associate Professor

Julia Jacks, Visiting Assistant Professor

Why Enroll in Guilford College's Adult Degree Programs?

- least complicated and lowest cost application
- most convenient location on W. Friendly Ave with easy access from I-40, Bryan Boulevard, and Rtes. 29 & 68
- most convenient schedule (full-time, 2 nights a week or Saturdays only)
- lowest total cost full-time adult degree programs
- transfer credits never expire
- evening-only programs
- unique adult-specific services and personal attention
- dedicated, highly qualified faculty

Degree Programs Offered

Accounting ¹	Environmental Studies ³	Philosophy
African American Studies ³	Exercise and Sports Studies	Peace and Conflict Studies ³
Art	Forensic Accounting ¹	Physics
Biology	Forensic Biology ¹	Political Science ¹
Business Management ¹	French	Psychology ¹
Chemistry	Geology and Earth Sciences	Religious Studies
Community and Justice Studies ¹	German	Sociology/Anthropology
Computer Information Systems ¹	German Studies	Spanish
Computing and Information Technology ¹	Health Sciences ³	Sport Management
Criminal Justice ¹	History ¹	Sports Medicine
Economics	Integrative Studies	Theatre Studies
Education Studies ^{2,3}	International Studies	Women's Studies ³
English	Mathematics	
	Music	

¹ Programs can be completed entirely at night.

² Internship/student teaching must be completed in the daytime.

³ Requires a second disciplinary major.