

Psychology

Adult Education at Guilford College

The Psychology major at Guilford College is designed to familiarize students with current methods and theories in areas of investigation such as learning, personality, social interaction, motivation, perception and development. Students are encouraged to appreciate different approaches and points of view and to see how clinical and laboratory methods supplement each other. A student majoring in Psychology may expect to develop rigorous habits of observation with reference to psychological phenomena and to recognize the role of multiple causation in the determination of human behavior.

The Degree Program

The Bachelor of Arts degree is offered in Psychology.

Related Major Skills

- interpersonal communication
- ability to engage in ethical practice
- knowledge of human development and behavior
- problem solving
- ability to observe, analyze and interpret information
- decision making
- concern for and sensitivity to others
- interviewing techniques
- critical and inferential thinking
- effective listening skills
- insight to deal effectively with people
- ability to promote healthy relationships
- ability to resolve or mediate conflicts
- understanding of group dynamics

Required Courses

The major consists of a minimum of 8 courses (32 credit hours) in Psychology:

- PSY 100: General Psychology
- PSY 301: Research Methods and Analysis
- PSY 445: History and Contemporary Issues
- Three (3) Psychology electives at the 300 or 400 level
- Two (2) Psychology electives at any level

Internship and Independent Study Opportunities

Though it is not a requirement, most of our students do at least one internship while they are at Guilford. Over the years, we have established ongoing relationships with many agencies in Greensboro or nearby towns, and we are happy to help arrange internships in new settings based on students' interests. Internships can be done during the academic year (typically as the equivalent of one course, for four academic credits), or during the summer.

We also encourage our advanced students to do independent research. Most (but not all) independent studies are empirical explorations, often based on issues students have explored in previous psychology courses. An independent study calls for intensive work with a faculty member (and, sometimes, more than one faculty member). Though the nature of the work varies for different projects, generally, independent research calls for the student to review the relevant literature, develop a research proposal, carry out the research itself, analyze the data, and write up a final report. Independent studies are excellent preparation for graduate work.

Possible Career Choices

Look at what some of our graduates are doing:

advertising	guidance counselor	psychiatrist
alcohol/drug counselor	hospice coordinator	psychologist
art therapist	market research analyst	public health statistician
college student affairs officer	mental health coordinator	public opinion surveyor
community and social service worker	minority group and race relations specialist	social service administrator
community relations director	motivational researcher	sociologist
corrections officer	music therapist	teacher
crisis intervention counselor	physical therapist	vocational counselor
employment agency counselor	probation officer	youth corrections officer
expressive therapist		

Faculty

Richard L. Zweigenhaft, Charles A. Dana Professor of Psychology, Chair; rzweigen@guilford.edu

Kathrynn A. Adams, Charles A. Dana Professor of Psychology

Claire K. Morse, Professor

Sarah Estow, Assistant Professor

Karen Hayes, Assistant Professor

Christopher Henry, Assistant Professor

Eva K. Lawrence, Assistant Professor

Karen M. Tinsley, Assistant Professor

Julia Jacks, Visiting Assistant Professor

Why Enroll in Guilford College's Adult Degree Programs?

- least complicated and lowest cost application
- most convenient location on W. Friendly Ave. with easy access from I-40, Bryan Boulevard, and Rtes. 29 & 68
- most convenient schedule (full-time, 2 nights a week or Saturdays only)
- lowest total cost full-time adult degree programs
- transfer credits never expire
- evening-only programs
- unique adult-specific services and personal attention
- dedicated, highly qualified faculty

Degree Programs Offered

Accounting ¹	Environmental Studies ³	Music
African American Studies ³	Exercise & Sports Studies	Peace & Conflict Studies ³
Art	Forensic Accounting ¹	Philosophy
Biology	Forensic Biology ¹	Physics
Business Management ¹	French	Political Science ¹
Chemistry	Geology & Earth Sciences	Psychology ¹
Community & Justice Studies ¹	German	Religious Studies
Computer Information Systems ¹	German Studies	Sociology/Anthropology
Computing & Information Technology ¹	Health Sciences ³	Spanish
Criminal Justice ¹	History ¹	Sport Management
Economics	Integrative Studies	Sports Medicine
Education Studies ^{2,3}	International Studies	Theatre Studies
English	Mathematics	Women's Studies ³

¹ Programs can be completed entirely at night.

² Internship/student teaching must be completed in the daytime.

³ Requires a second disciplinary major.

For additional information about Psychology at Guilford College, visit www.guilford.edu/academics and www.guilford.edu/adults or call 336-316-2179.